SOURCES

WHAT YOUR FOOD ATE

How to Heal Our Land and Reclaim Our Health

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NOTE ON SOURCES

This document lists the references we consulted in researching and writing *What Your Food Ate*. They are organized by chapter and include studies mentioned in each chapter, fact sources, and background material that informed our understanding as we sought to evaluate the connections between soil, crop, animal, and human health.

While our research was by no means exhaustive, we tried to dig deep enough into the scientific and historical literature to test and explore these links. Readers interested in learning more about the subjects covered in *What Your Food Ate* will find our list of sources a useful starting point. And for those who prefer not to dive further into the scientific literature, we hope it gives you a sense of the interdisciplinary synthesis that the book unfolds.

Lastly, we thank the legion of researchers whose work we have drawn upon and hope that we have done justice to it, despite any sins of omission or inadvertent errors we may have introduced.

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